

NOTES:

THINGS WE WILL COVER

- WHY IS IDENTITY SO IMPORTANT
- WHAT THE PROBLEM IS
- HOW GOD DEALT WITH THE PROBLEM
- CONCEPT OF GOD

1

NOTES:

GENESIS 2:7
Then the Lord God formed the man of dust from the ground, and breathed into his nostrils the breath of life; and the man became a living person.

PSALM 16:9
Therefore my heart is glad and my glory rejoices; My flesh also will dwell securely.

2

NOTES:

YOU
LIVE
IN A
BODY

YOU
ARE
A
SPIRIT


YOU
HAVE
A
SOUL

3

NOTES:

GENESIS 3:4-5

WHAT DIED?



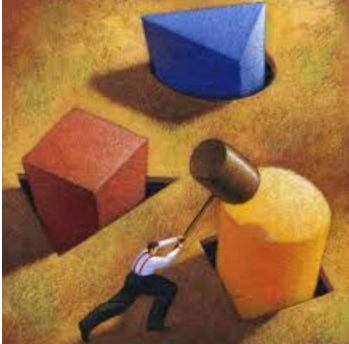
Simple definition of death is SEPERATION!!!!!!

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NOTES:

WHERE DID THE FLESH COME FROM??

BODY AND SOUL FINDING
IDENTITY OUTSIDE OF GOD



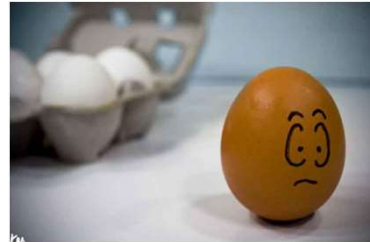
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<p>MORE DEATH GOOD WORKS</p> <p>CONTENTMENT SERVING GIVING KINDNESS FORGIVENESS LOVING</p>		<p>DEATH DEAD WORKS</p> <p>MURDER UNFORGIVENESS HATRED IDOLATRY ADULTERY STEALING</p>
<p>NOTES:</p> <h1 style="margin: 0;">THE FLESH</h1> <h2 style="margin: 0; background-color: black; color: white; padding: 5px;">STILL THE WRONG TREE!!</h2>		

6

NOTES:

WHY DO I FEEL
OUT OF PLACE?



BECAUSE WE ARE
IDENTITY CONFUSED

What is the Flesh?

The flesh

self-life

is the condition

mind-set, attitude, strategy of living

where my focus is primarily on myself

even if it is “good looking” self, “well adjusted” self or “socially acceptable” self

where I am living out of my own resources

such as heritage, education, IQ, personality, sense of humour, looks, talents, abilities, capabilities, self discipline, self-strength, etc.

in order to:

1. cope/deal with life,
2. solve my problems
3. meet my needs
4. become a success and/or
5. please God with my performance.

In other words, it is me trying to live

“MY LIFE”

independent of Christ!

Manifestations of the Flesh

(Strategies of Living)

Below is a list of words and phrases which may portray you much of the time when you are under pressure.

To cope when things aren't going right or going my way, I tend to...

become self-absorbed (self-consumed) by:

- becoming overly introspective
- feeling sorry for myself
- engaging in self-pity
- getting depressed by stuffing my anger and frustrations
- beating up on myself (hating myself)
- focusing on my suffering and trials to get attention and sympathy
- playing the role of a victim/martyr

withdraw (isolate myself) by:

- becoming aloof (pulling away) going into a shell
- running and hiding (escaping)
- distancing myself from others
- avoiding others (becoming a loner)
- becoming unapproachable
- being overly introverted
- retreating to the silent treatment
- not communicating

become obsessed with:

- accomplishments
- recognition
- status
- how I look
- what others think of me
- my physical health
- the past (especially past hurts and past failures)
- a devotion to a cause

- structure, order, rules, regulations

escape pain/pressure through:

- carousing
- drugs/alcohol
- staying busy
- television
- athletics
- hobbies/games
- computers
- pornography
- entertainment
- overeating
- religious activity and service
- becoming a workaholic
- working (career, business, job)
- gloom & doom thinking (refusing to see the positive)
- sex
- talking
- school
- sleep
- religion
- reading
- fantasy
- movies

become self-disciplined (self-reliant) by:

- becoming a perfectionist
- overcompensating by trying even harder so as not to fail
- becoming legalistic
- living "by the book"
- living by rules (have to's, should's, must's, ought's)
- becoming too hard and strict on myself and others
- setting unrealistic standards for myself and others
- basing acceptance (of self and others) on performance
- fearing making mistakes

become self-indulgent (self-gratifying) by:

- becoming impulsive (hasty)
- buying things to feel better
- assuming "if it feels good, do it"
- becoming compulsive (lacking self-control)

- lusting (craving) for:

- alcohol
- caffeine
- sugar
- cigarettes
- drugs
- sex
- junk food

become anxious (worry and fret) by:

- becoming fearful (apprehensive)
- lacking peace and rest
- becoming paralyzed (going numb)
- becoming paranoid (overly suspicious)
- seeking astrology, horoscopes, fortune telling (tarot cards, palm reading, ouija boards, etc.) and/or the occult for guidance and strength

become dominant by:

- becoming dictatorial (bossy)
- becoming demanding (pushy)
- becoming overbearing (controlling)
- becoming manipulative
- intimidating others
- demanding my rights

try to stay in control

- blackmailing (making threats)
- manipulating (using coercion)
- using profanity (swearing)
- giving the silent treatment
- being passive (playing helpless)
- not eating (anorexia/bulimia)
- using guilt
- showing favoritism

To cope when things aren't going right or going my way, I tend to...

come across as

insensitive, uncaring, indifferent, unconcerned, and/or unsympathetic

become complacent (nonchalant) by:

- saying things like, "It doesn't matter...it's okay"

challenge others by:

- resisting authority
- becoming uncooperative (unteachable)
- causing dissension (strife)
- irritating (aggravating) others
- becoming argumentative, rigid, inflexible, closed-minded, stubborn, obstinate, unreasonable, or unyielding

become pessimistic by:

- lacking confidence and optimism
- becoming skeptical (suspicious)
- distrusting others, myself, God, church, and/or government
- expecting the worst
- assuming the worst-case scenario to protect myself from disappointment and pain
- seldom being satisfied or content
- seldom being pleased with self/others
- becoming jealous of others' success and happiness

develop a critical attitude by:

- finding fault with others, myself, and everything around me
- nit-picking things to death

- becoming judgmental (opinionated)
- becoming prejudiced (intolerant)
- complaining a lot (becoming negative)

become hostile (vent my anger) by:

- becoming unfriendly (cynical)
- becoming hateful (malicious)
- becoming harsh (cruel and brutal)
- becoming sarcastic (caustic)
- having a quick temper

become self-assured (self-confident) by:

- depending on myself instead of God
- becoming proud (haughty)
- becoming egocentric (acting pompous)
- bragging (being boastful)
- becoming arrogant (cocky)
- having a superior attitude (saying in effect:
I must always be right...
I must always win...
I must always be the best)
- pretending that I know it all
- becoming conceited (smug)
- having difficulty asking for help

become self-righteous (self-justifying) by:

- becoming defensive
- making excuses (rationalizing)
- covering up and hiding mistakes
- assuming I am never the problem
- pointing to someone or something else as the problem
- avoiding taking responsibility for failure or problems
- becoming critical of others (blaming others)
- having difficulty:
 - admitting I was wrong
 - apologizing
 - asking for forgiveness

- expressing gratitude

become tense (nervous and agitated) by:

- finding it hard to relax
- becoming restless (high-strung)
- becoming impatient

become emotionally insulated by:

- keeping people at a distance
- becoming inhibited (bottling up emotions)
- avoiding intimacy
- denying feelings; having difficulty expressing feelings and opinions openly and honestly
- becoming unable to express love in a meaningful way

deny reality by:

- ignoring problems and hoping they will go away
- denying anything is bad or wrong
- lying (misleading)
- deceiving others and myself
- exaggerating (overstating matters)
- playing games to hide real intent
- conning people to get what I want

hold a grudge (be resentful) by:

- becoming moody (sulky)
- harboring bitterness
- becoming unforgiving
- keeping a scorecard of wrongs done to me or by me
- trying to get even (seeking revenge)
- wanting others to fail or get hurt
- punishing myself or others

To cope when things aren't going right or going my way, I tend to ...

fight unfairly (take cheap shots) by:

- becoming slanderous (misrepresenting the actual situation)
- gossiping (talking behind others' backs)
- engaging in passive-aggressive behavior (i.e. using humor to hide real feelings, becoming sarcastic, refusing to communicate, becoming passive, forgetting things, procrastinating, being late, etc.)

put up a front (not being real) by:

- faking it (hiding what I really think and feel)
- putting on a show (performing) to get attention and impress others
- becoming pretentious (phony, unreal)
- becoming superficial (plastic)
- becoming gushy (too sentimental)

lack compassion,
kindness, understanding,
gentleness, and love

live by my feelings by:

- becoming too subjective (believing that truth is only what I feel)
- believing I'm okay only when I feel okay
- becoming too sensitive to criticism
- becoming hypersensitive
- taking things too personally
- reading in rejection "when it isn't there, or setting things up to bring about rejections
- becoming touchy (irritable)

- being controlled by anger, doubts, emotions, fear, etc.

become a pleaser (being nice) by:

- trying to be all things to all people
- trying to do the "proper or correct" thing
- trying to keep everyone happy
- trying to keep peace at all cost
- avoiding conflict at all cost
- becoming a doormat (letting others take advantage of me)
- expressing to others what I think they want to hear
- giving in to others too easily
- becoming controlled by others
- having difficulty:
 - saying no
 - setting boundaries
 - standing up for myself
- becoming overly compliant
- becoming too submissive

become passive (lacking initiative) by:

- quitting too easily (giving up)
- not taking chances
- playing it safe (pulling back and waiting)
- waiting for someone to tell me what to do and how to think
- depending on others instead of God
- vacillating (becoming too changeable)
- becoming indecisive (not making decisions)
- wanting someone else to make the decision for me
- avoiding failure at all cost
- procrastinating (putting things off)
- becoming irresponsible (becoming unreliable)
- becoming lazy, apathetic, lethargic

become self-depreciating (self-condemning; self-critical) by:

- assuming I am always the problem
- becoming overly apologetic
- becoming too hard on myself
- having difficulty:
 - receiving love
 - receiving compliments
 - receiving forgiveness
 - forgiving myself
- clinging (becoming a leech) to those who finally accept me
- becoming uncomfortable with success

become a caretaker (rescuer) by:

- becoming over-protective
- taking responsibility for others' feelings (becoming overly responsible)
- making decisions for others
- giving unsolicited advice
- trying to prevent others' failure
- becoming possessive (selfish)
- becoming a busybody (becoming too involved in others' affairs)
- becoming preachy (lecturing others)
- trying to find someone who needs me and who I can rescue
- nagging (badgering)
- talking too much and listening poorly

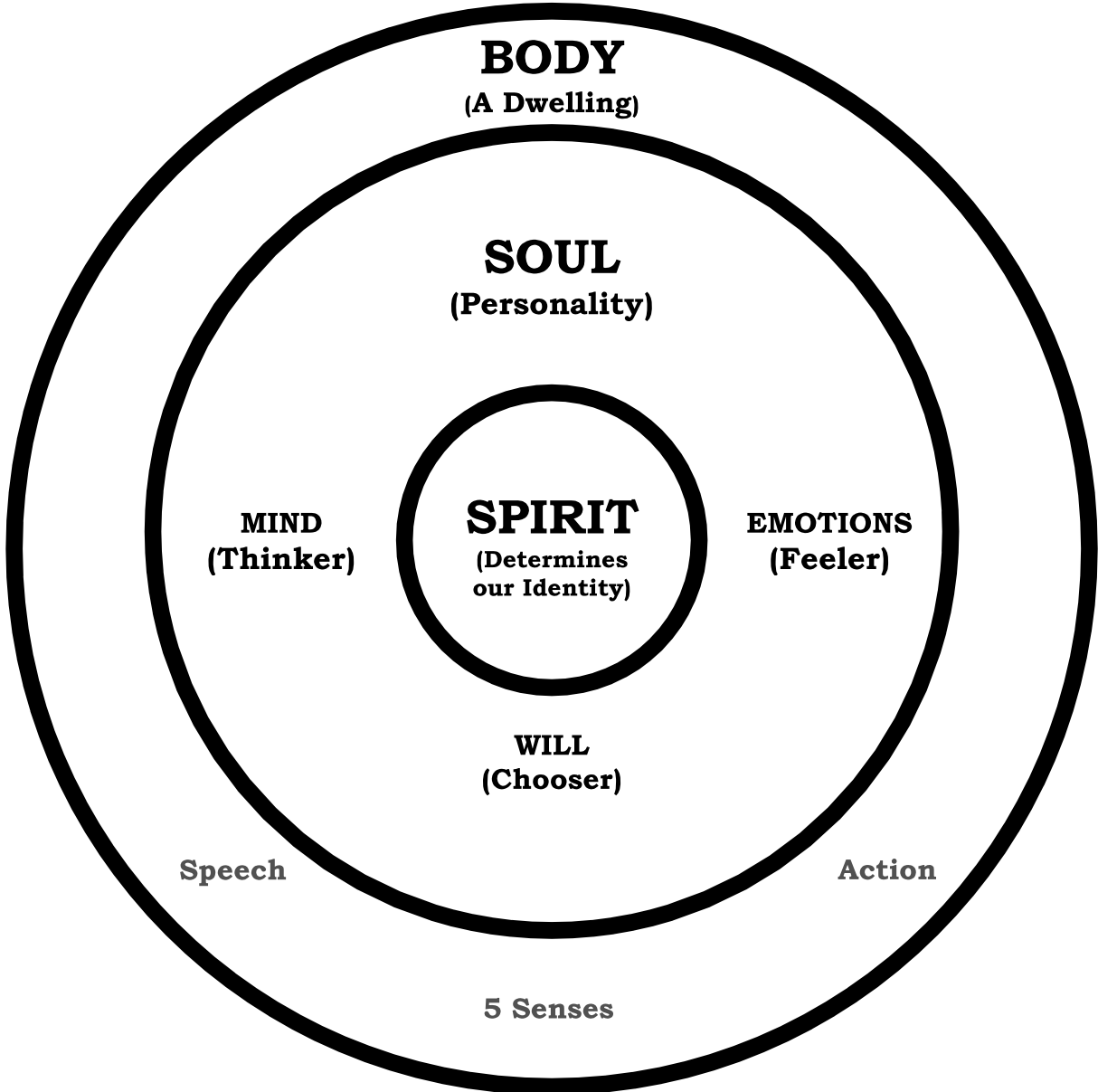
become too intense (overly serious) by:

- becoming stoical (unemotional)
- having trouble dealing with feelings
- becoming overly analytical
- becoming stern (solemn/formal)
- lacking joy or life
- not being fun to be with others

A Biblical Picture of Man

Man – A Three Part Whole

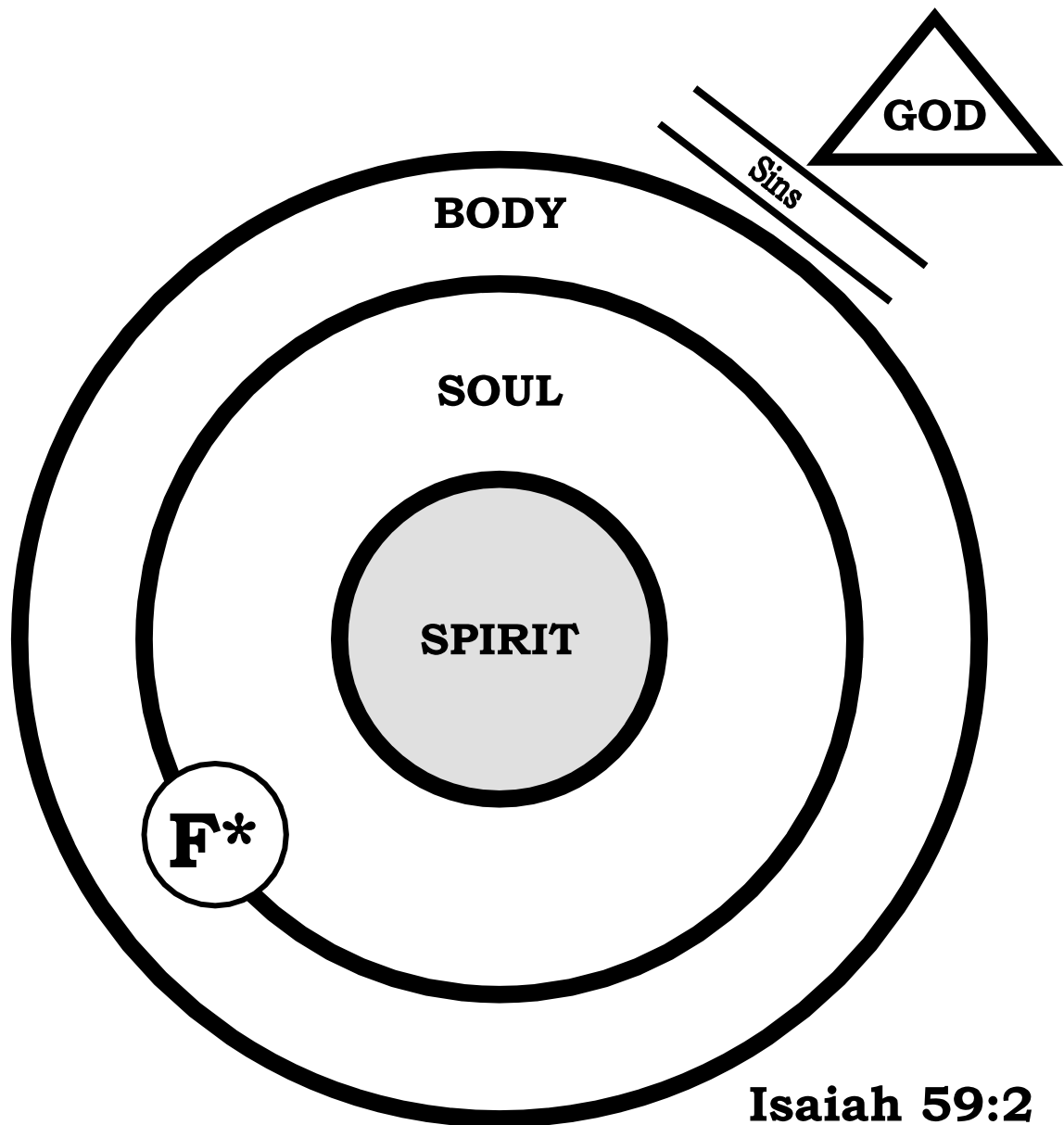
(1 Thessalonians 5:23)



Notes:

Man is essentially a _____, who has a _____
and lives in a _____.

Pre-Salvation Person



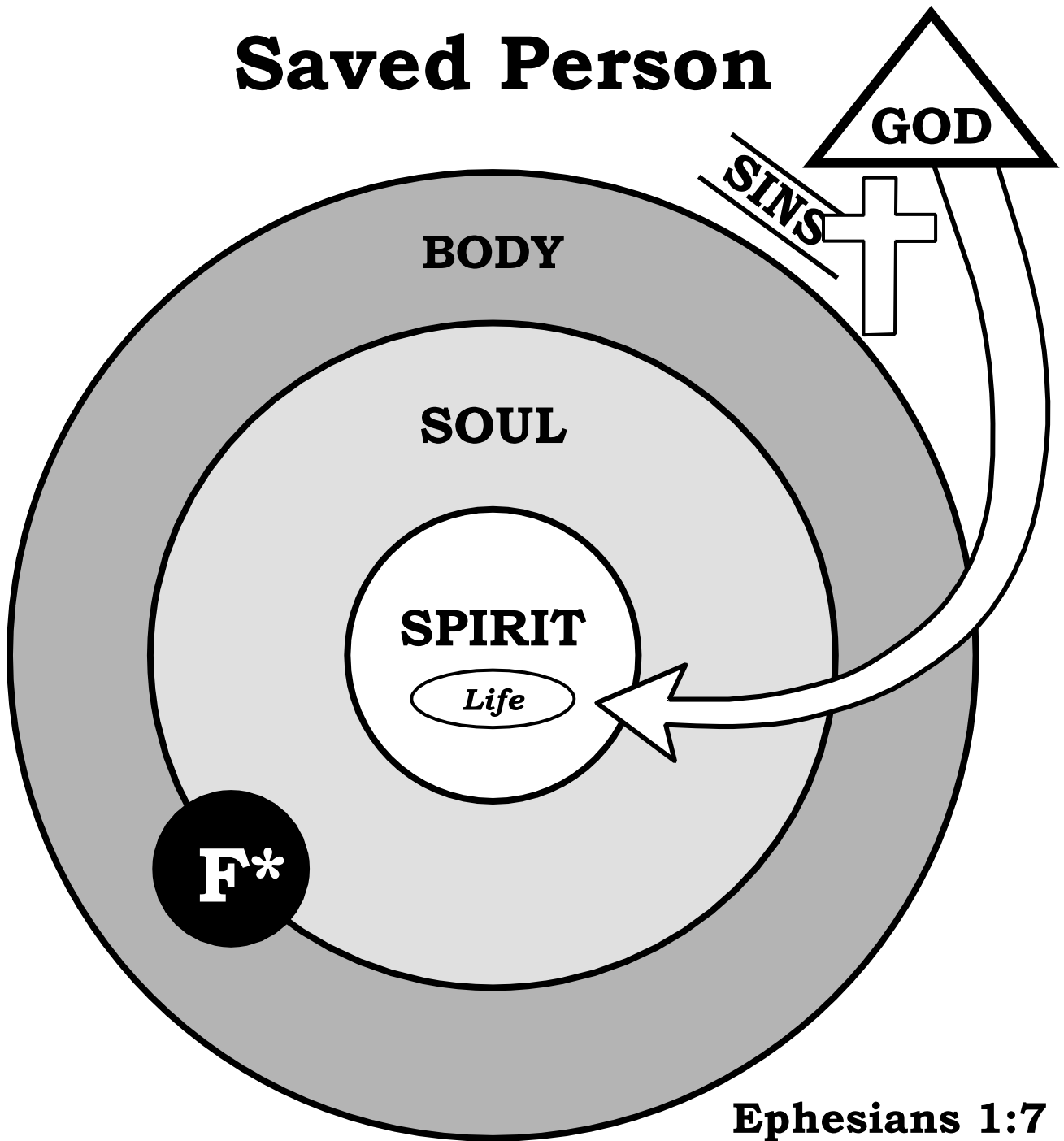
Isaiah 59:2
Ephesians 2:1-3

* Sometimes called "Self-Life"

Notes:

Man's basic problem at birth is that he is _____ from God and therefore, without _____.

Saved Person



Ephesians 1:7
Romans 5:10

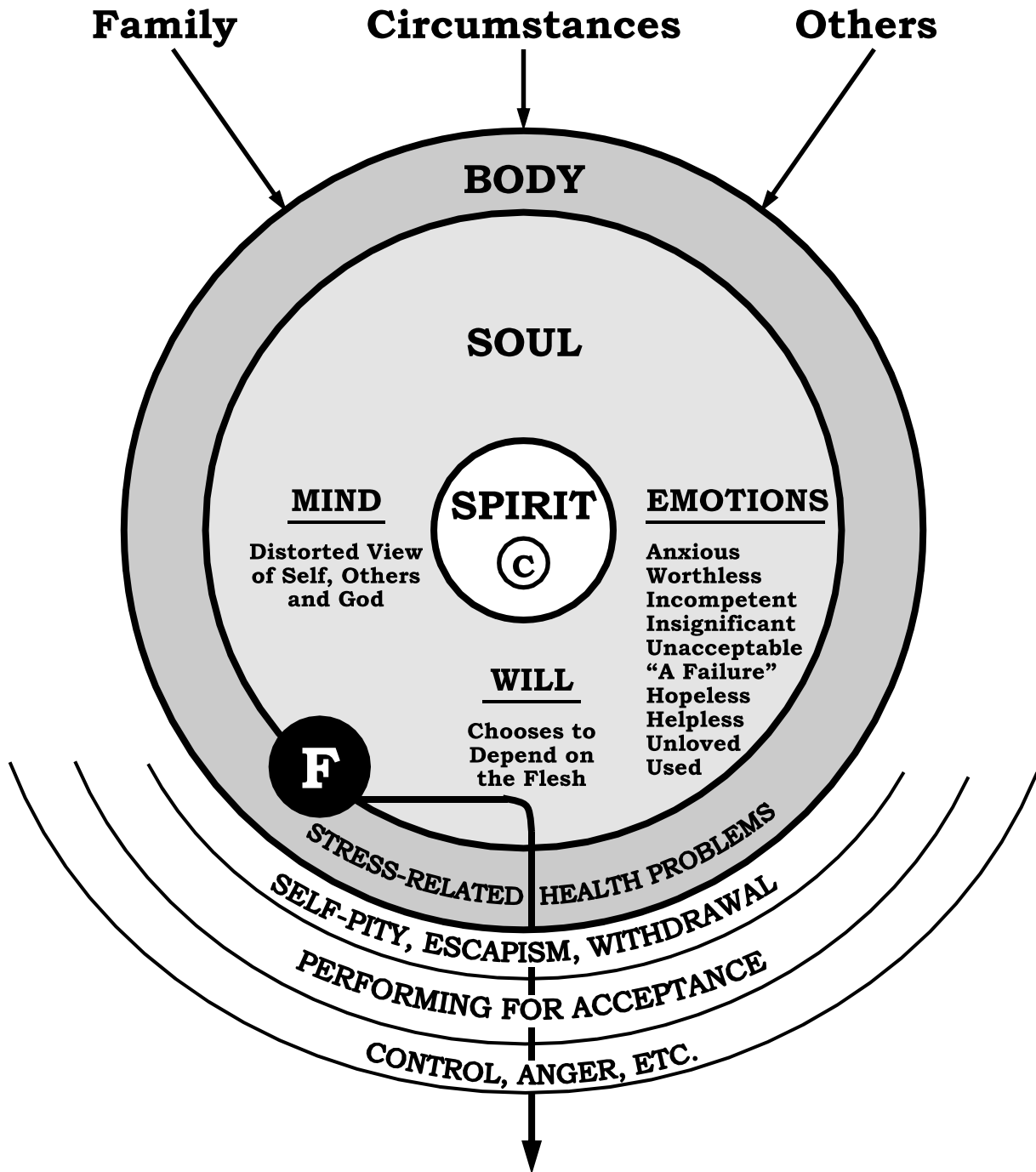
* Sometimes called "Self-Life"

Notes:

God gave His Life _____ us, in order to give His life ____ us, in order
that He might _____ His Life _____ us!

Negatively Programmed Flesh

(Many Rejective and Traumatic Experiences)

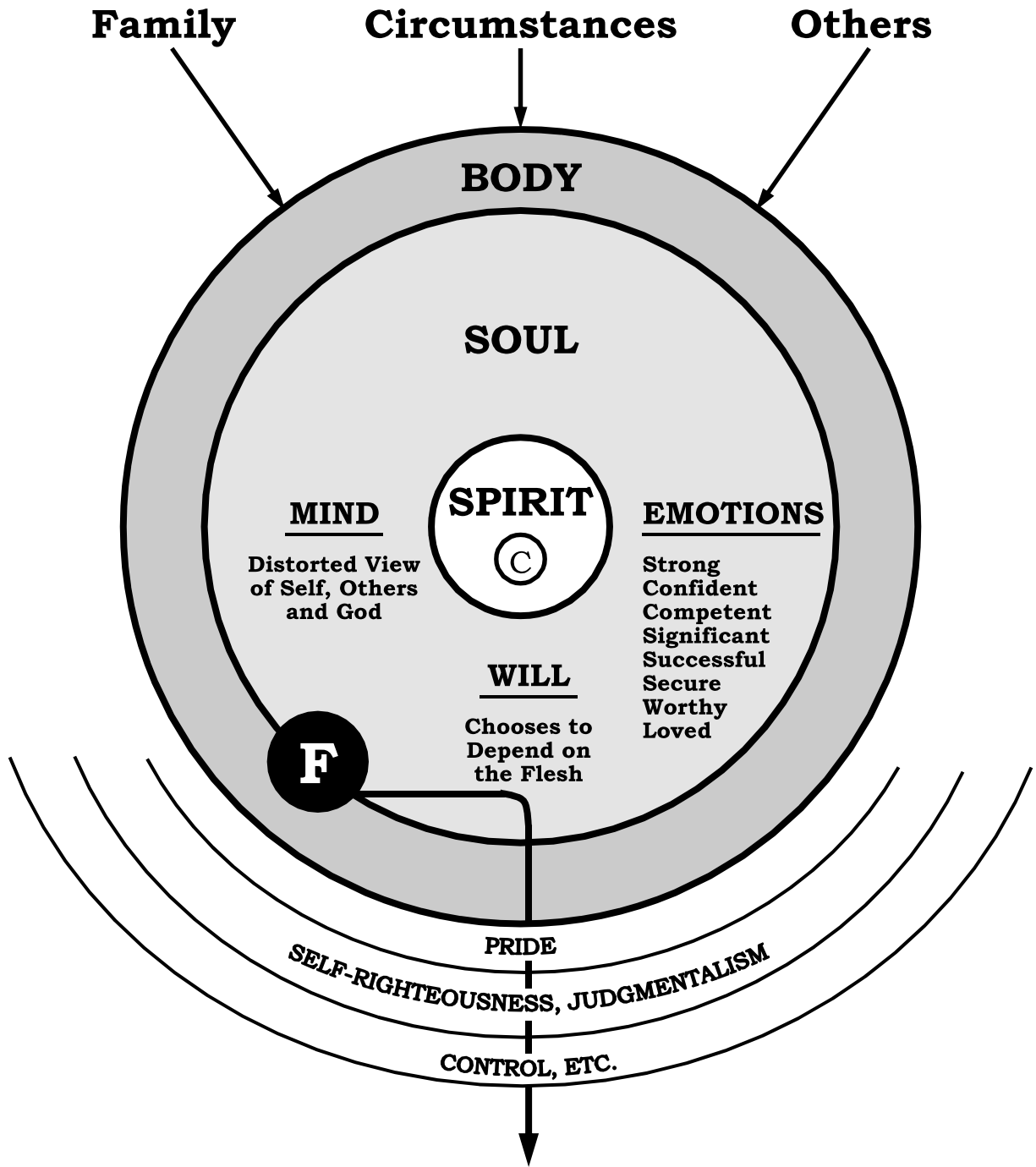


CONFLICT AND FRUSTRATION

Notes: When the person depends upon his own strength to cope with present pressures and past rejections, the result is ultimately _____ and _____.

Positively Programmed Flesh

(Positive Experiences, Few Rejections)



CONFLICT AND FRUSTRATION

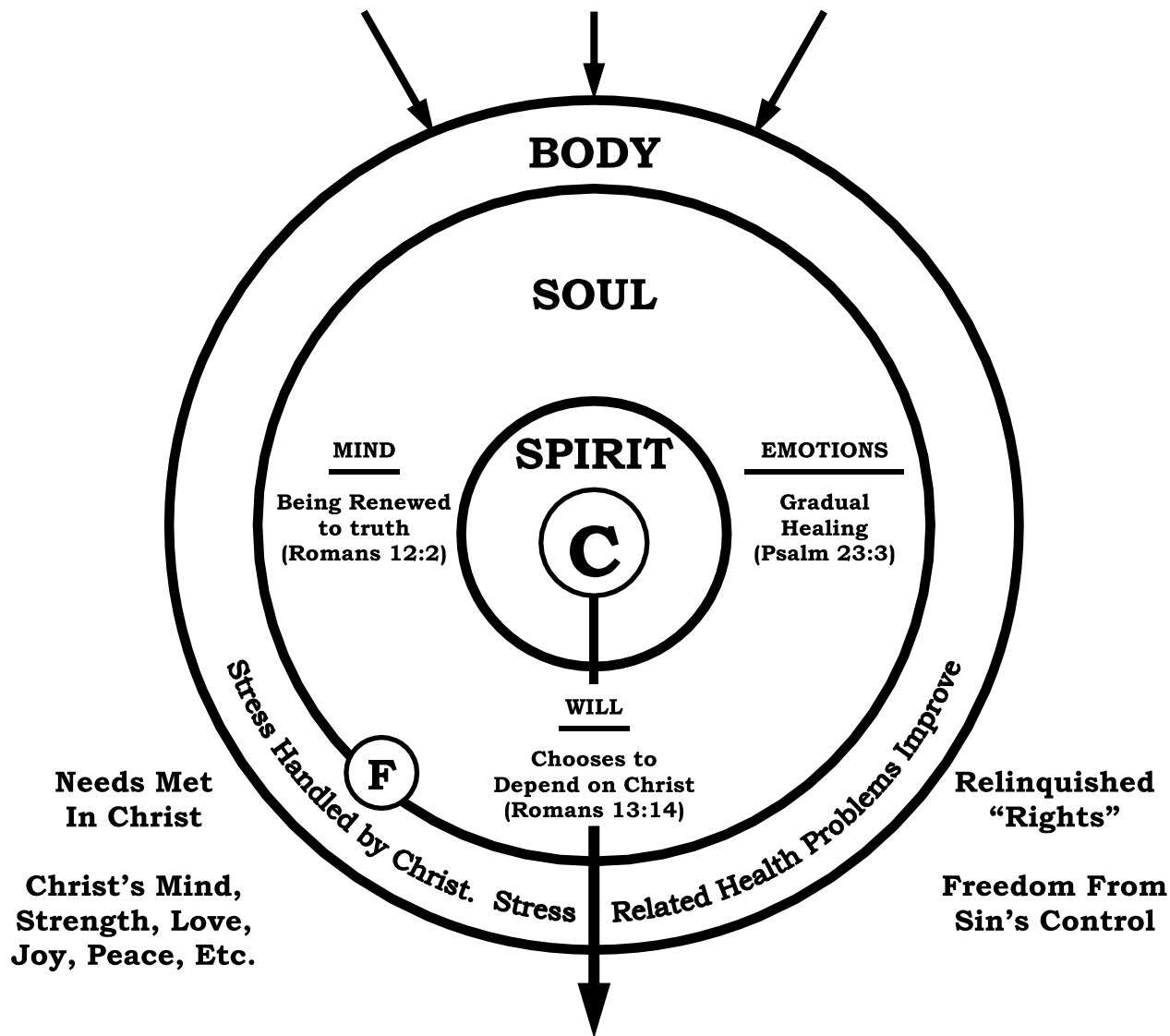
Notes:

God loves both His _____ and _____ programmed children enough to do whatever it takes to reveal the _____ of the flesh, so that we will be ready to exchange the _____ for the _____.

The Exchanged Life

"All Things"

(Romans 8:28)



VICTORIOUS LIVING!

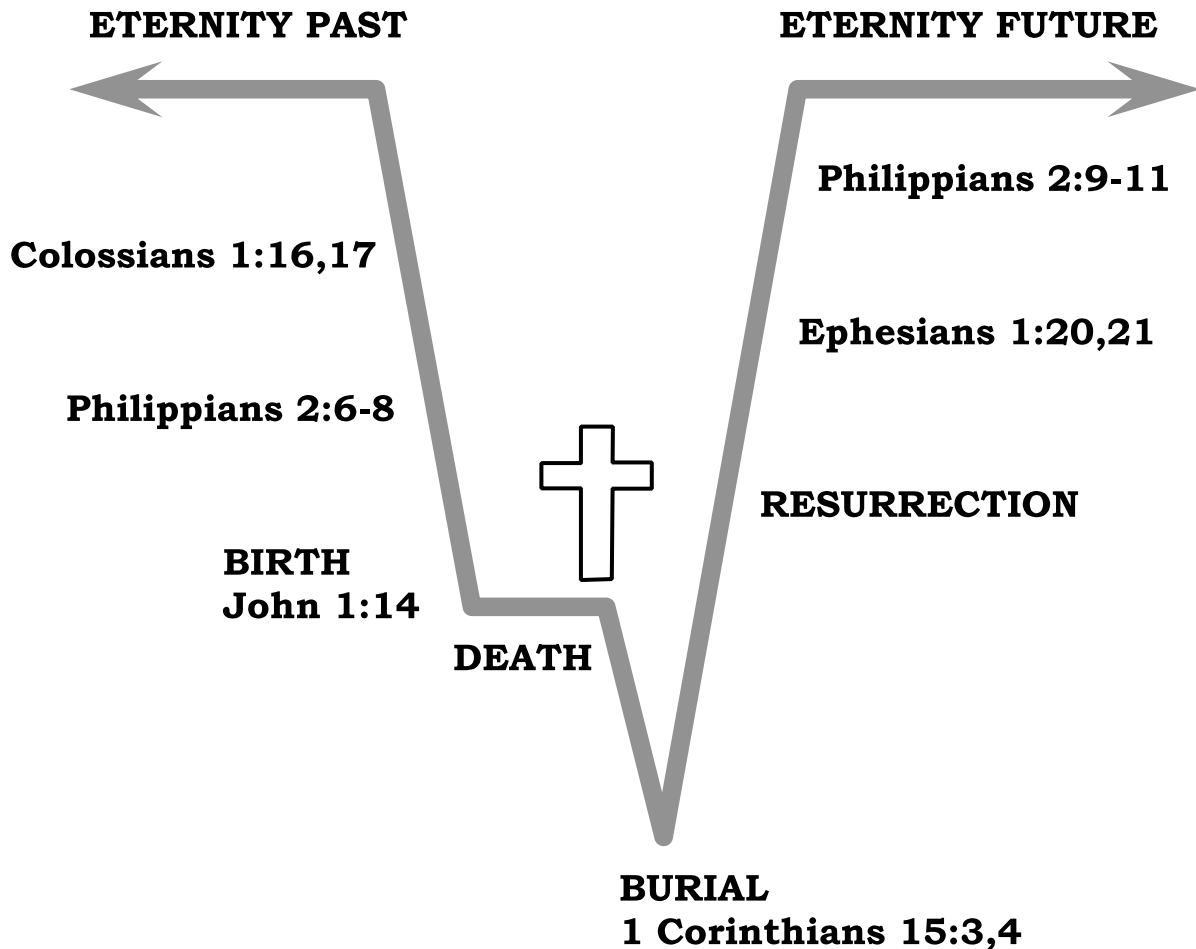
(Romans 15:18, Ephesians 3:20)

Notes:

Christ living _____ through us is victorious living!

Eternal Life is Christ's Life

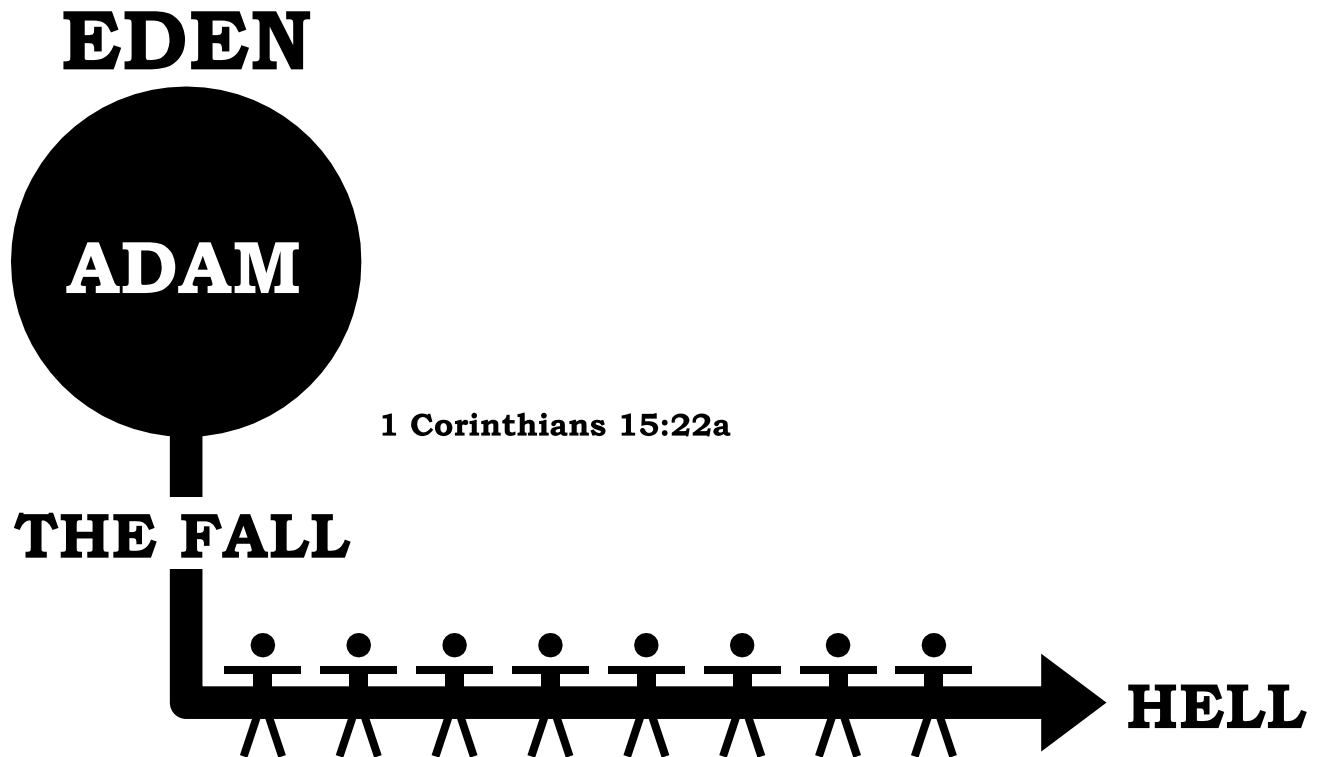
1 John 1:1,2; 5:11-12,20



Notes:

Eternal Life is not something that _____ when we become a Christian. It is something we _____ and of which we become a _____ at the moment of salvation. It is receiving a new life altogether – Christ's Life!

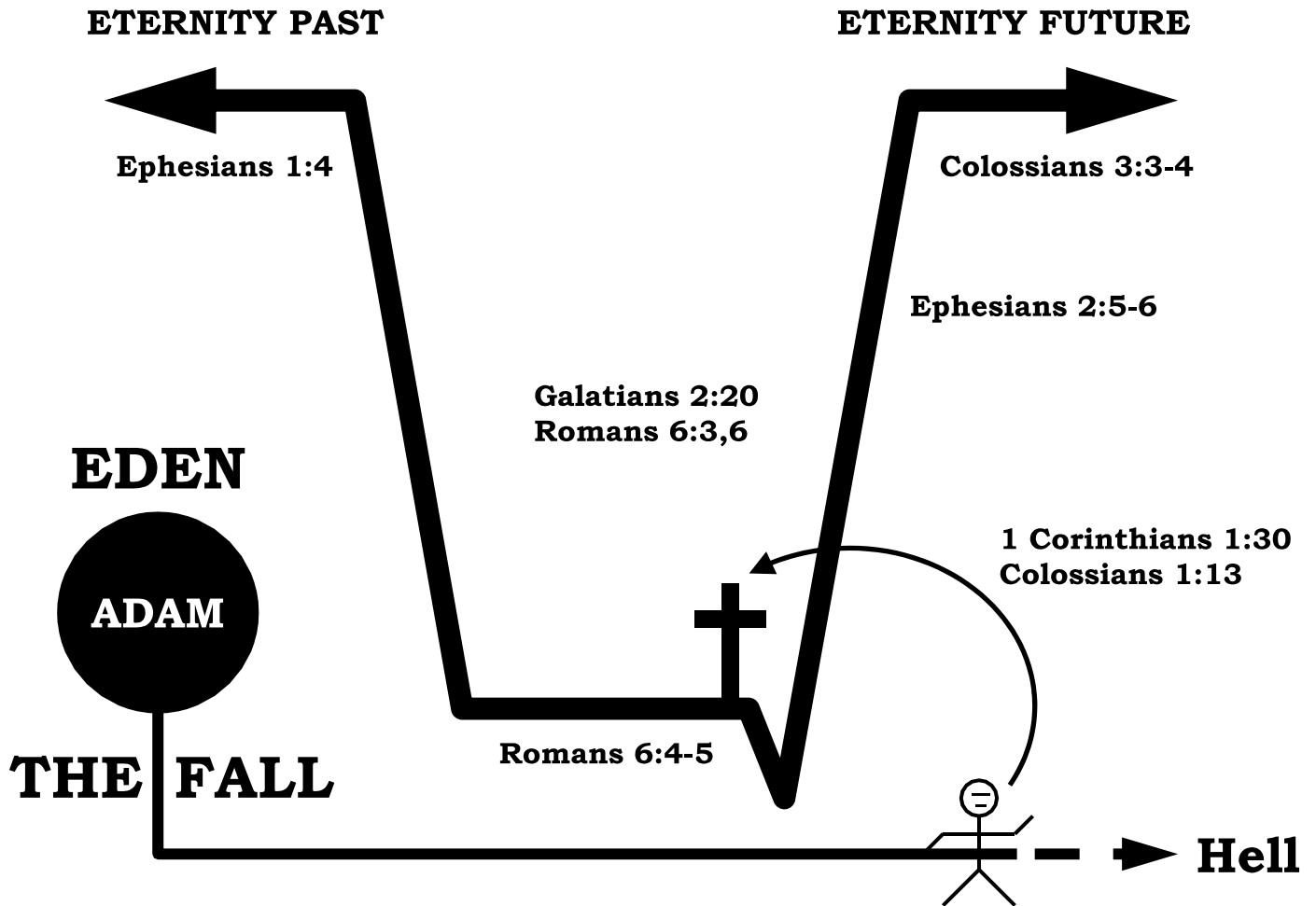
In Adam



Since we were all _____ Adam, when he:

1. Sinned, we sinned. Romans 5:12b
2. Died spiritually, we died spiritually and were left to our own resources. Romans 5:15a
3. Was condemned, we were condemned. Romans 5:18a
4. Became a sinner, we became sinners. Romans 5:19a

In Christ



Notes:

1. At salvation, God took us _____ out of Adam and placed us into Christ.
2. We participated _____ in Christ's death, burial, resurrection, ascension and seating at the right hand of the Father.
3. Our Old Self (Old Man) was our _____ .
4. We have a _____. We can live in our strength, or we can give up on our fleshly efforts and allow Christ to live _____ us.

Quotes of Note

L.E. Maxwell: “Believers in Christ were joined to Him at the cross, united to Him in death and resurrection. We died with Christ. He died for us, and we died with Him. This is a great fact, true of all believers.” (Christian Victory, p.11)

Alan Redpath: “The deepest, most real, and most wonderful meaning of Calvary is that not only did Jesus die there for my sins, but I died with Him and in Him. Without a real spiritual revelation to your heart of this, you will never be a victorious Christian.

Dr. J.E. Purdie: “The Apostle Paul makes it clear that we cannot sanctify the old man by consecration or by earnestly trying to pound him to death. This is not God’s way of dealing with him. On the contrary, God dealt with him supernaturally on the cross.”

When we spiritually stand in faith on Romans 6:6, and submit to the power of the cross, we discover that the power and authority of the cross separates us from the power and authority of sin. The fact and personal power of this truth make it the most important truth in the New Testament from the standpoint of a real victorious overcoming daily life.”

J. Penn-Lewis: “If the difference between ‘Christ dying for us,’ and ‘our dying with Him’, has not been recognized, acknowledged and applied, it may safely be affirmed that the self is still the dominating factor in the life of the believer.” (Memoir, p. 26)

Watchman Nee: “The blood can wash away my sins, but it cannot was away my ‘old man’. It needs the cross to crucify me...the sinner... Our sins are dealt with by the Blood, but we ourselves are dealt with by the Cross. The Blood procures our pardon...the Cross procures our deliverance from what we are.” (The Normal Christian Life, pp. 31, 32)

D. Martyn Lloyd-Jones: “The old man is the man I was in Adam; that is the man that has died once and forever. This is, to me, one of the most comforting and assuring and glorious aspects of our faith. We are never called on to crucify our old man. Why? Because it has already happened — the old man was crucified with Christ on the cross. Not to realize this is to allow the devil to fool you and to delude you. What you and I are called upon to do is to cease to live as if we were still in Adam. Understand that the “old man” is no longer there. The only way to stop living as if he were still there is to realize that is not there. If you are a Christian, the man you used to be has gone out of existence; he has no reality at all; you are in Christ. If we but saw this as we should, we would really begin to live as Christians. We would all hold up our heads, we would defy sin and Satan, we would rejoice in Christ as we ought.” (Romans, Exposition of Chapter 6, p. 65)


JESUS CHRIST THE LORD

HAS BECOME

MY LIFE

PHILIPPIANS 1:21, COLOSSIANS 3:4

THUS HE IS



My Strength PSALM 27:1
My Wisdom 1 CORINTHIANS 1:30
My Sanctification 1 CORINTHIANS 1:30
My Righteousness 2 CORINTHIANS 5:21
My Redemption 1 CORINTHIANS 1:30
My Peace JOHN 16:33; EPHESIANS 2:14
My Victory 1 CORINTHIANS 15:57; COLOSSIANS 2:15
My Joy JOHN 15:11
My Hope COLOSSIANS 1:27
My Obedience HEBREWS 10:7
My Spiritual Fullness COLOSSIANS 2:9-10
My Goodness GALATIANS 5:22
My Source of Love JOHN 17:26; 1 JOHN 4:8
My Kindness GALATIANS 5:22
My Source of Forgiveness LUKE 23:34
My Patience GALATIANS 5:22
My Rest MATTHEW 11:28; HEBREWS 4:10
My Self Control GALATIANS 5:23
My Freedom COLOSSIANS 2:16-17
My Gentleness GALATIANS 5:23
My Spiritual Mind 1 CORINTHIANS 2:16
My Faithfulness GALATIANS 5:22
My Access to God JOHN 14:6; EPHESIANS 3:21
My Acceptance EPHESIANS 1:6

TWO ASPECTS OF THE CROSS

THE PROBLEM – SINS

My Behaviour (Isa 53:6)
All have sinned in Adam (Rom 3:23)
Living in Sin (Eph 2:1-1)
Sinner in bondage (Rom 6:17, 20)

THE CONSEQUENCES

Death (Rom 5:17)
Everlasting separation from God (John 3:3)
Condemnation (John 3:18)

FOR THE SINNER

GOD'S SOLUTION

My sins were laid upon Him (1Pet 2:24)

Christ died for my sins (1 Cor 15:3, Rom 5:8)

I am **justified by His blood** (Rom 5:19)

His blood cleanses me from my sins (Heb 9:22b)

MY RESPONSE

I must confess and repent of my sins (Acts 2:38)

I receive forgiveness for what I have **done**
(Col 1:14)

I must forsake my sins and follow Christ
(John 5:14, 8:11)

Accept by faith that Jesus Christ is the only answer
for my **sins** (1 John 3:5)

Accept Jesus Christ as my SAVIOUR and Lord
(John 4:42, Phil 2:11)

Reckon daily that my sins are forgiven by Christ's
work on the cross (Eph 1:7)

Repeatedly confess my ever recurring sins
(1 John 1:9)

THE RESULT

Freedom from the penalty of sin (Rom 6:23)
Freedom from bondage (Rom 6:18a)
Freedom from guilt (1 John 2:2)
Saved from my sins (Rom 3:25)
The old me with changed behavior (Rom 7:19)
Measure up to the law (self-effort) (Rom 7:22-23)
Slave to old identity (Rom 6:17a)

THE PROBLEM – SELF

I am the problem (Rom 7:24)
I have the wrong kind of life – Adamic (Rom 5:19a)
Trying to life **for** Christ my own way (Job 13:15b)
Saint in a struggle (Rom 7:15-16)

THE CONSEQUENCES

Self destruction (Prov 14:12, 16:25)
Self burnout (often called spiritual) (Rom 8:13)
Justified but no real victory (Rom 7:18)

FOR THE BELIEVER

GOD'S SOLUTION

I was **IN CHRIST** from before the foundation of the
world. (Eph 1:4)

I died with Christ (same time, same place)
(Gal 2:20, Rom 6:6)

I am reconciled to God by the death of His Son
(Rom 5:10a)

I am seated in heavenly places **IN** Christ (Eph 2:6)

MY RESPONSE

I must confess and repent of **who I am** (Rom 7:24)

I must lay down **my life in exchange for Christ's life**
(John 12:25)

I must surrender my life into His hands for Him to do
with me what He would choose (Matt 10:38-39)
becoming obedient unto death (Phil 2:5-10)

Accept by faith, my death, burial, resurrection, whereby
He has made me into a new creation
IN CHRIST (2 Cor 5:17)

Accept Jesus Christ as **MY LIFE** (Col 3:4, Phil 1:21)

Reckon daily that I died with Christ to the power of
sin, and **now I am alive to God** (Rom 6:11)

Take up my cross (His cross, my cross, same cross)
daily as fact and truth (Luke 9:23)

THE RESULT

Freedom from the power of indwelling sin (Rom 6:6,7)
Freedom from self (Eph 4:22)
Living IN CHRIST (Gal 2:20b, Acts 17:28)
Being saved by **HIS LIFE** (Rom 5:10)
Victory **IN CHRIST** (Rom 8:37)
Spirit of Christ provides **life** (Rom 8:2)
Slave to the righteousness of Christ within me
(Rom 6:18)

NOTES:

OUR CONCEPT OF GOD

HISTORY

IS GOD AT FAULT??

DO WE STILL PAY FOR SIN?

IF SO HOW??

1

NOTES:

OUR CONCEPT OF GOD

HISTORY


IS GOD AT FAULT??

DO WE STILL PAY FOR SIN?

IF SO HOW??

ARE CONSEQUENCES THE SAME AS PUNISHMENT?

EPH 2:8-9



2

NOTES:

OUR CONCEPT OF GOD

SOUL
 PSYCHOLOGICAL
 SELF-CONSCIOUSNESS

SPIRIT
 SPIRITUAL
 GOD-CONSCIOUSNESS

BODY
 PHYSIOLOGICAL
 WORLD-CONSCIOUSNESS

?

RELATES TO OTHERS

RELATES TO GOD

RELATES TO ENVIRONMENT

3

NOTES:

OUR CONCEPT OF GOD

IS SUFFERING A RESULT
OF SIN??


4

NOTES:

OUR CONCEPT OF GOD

WHAT WE BELIEVE ABOUT SUFFERING
TIES INTO OUR CONCEPT OF GOD

DO WE STILL PAY FOR SIN?



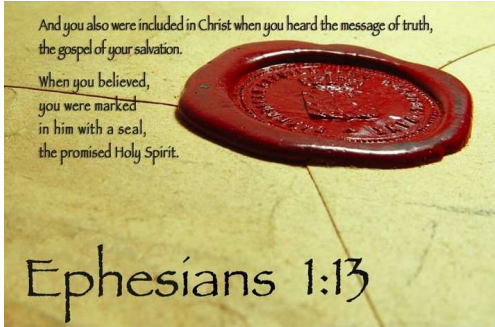
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NOTES:

OUR CONCEPT OF GOD

ESTHER 3:9-11

ESTHER 8:8



And you also were included in Christ when you heard the message of truth,
the gospel of your salvation.

When you believed,
you were marked
in him with a seal,
the promised Holy Spirit.


Ephesians 1:13

6

NOTES:

OUR CONCEPT OF GOD

WHAT DO WE DO NOW???



7

NOTES:

OUR CONCEPT OF GOD

STINKIN THINKIN = ROTTIN LIVIN

EPH 2:8 1 COR 1:26-29



8



THE EXCHANGED LIFE

NOTES:

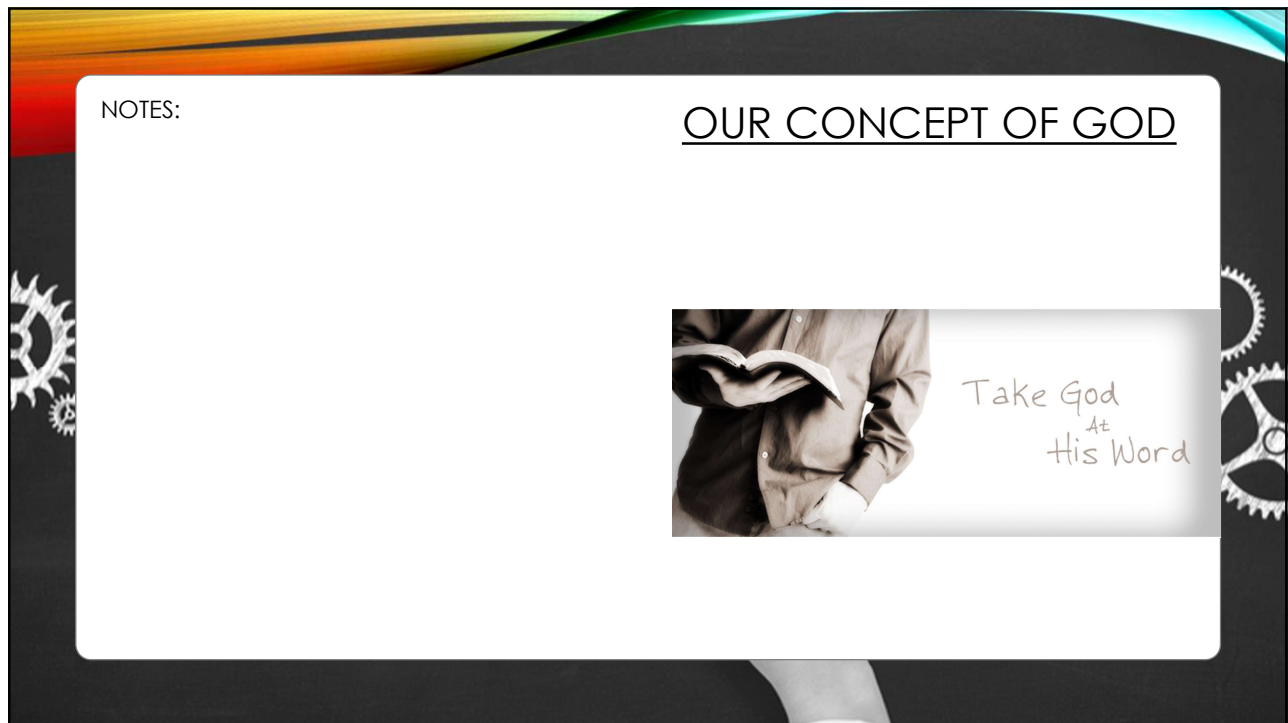
OUR CONCEPT OF GOD

Lord

SHALL RENEW THEIR Strength
 THEY SHALL MOUNT UP WITH Wings AS EAGLES
 THEY SHALL RUN and not be weary
 & THEY SHALL WALK and not faint

Isaiah 40:31

9



NOTES:

OUR CONCEPT OF GOD

Take God
 at
 His Word

10

NOTES:

OUR CONCEPT OF GOD

LIVING IN HIS COMPLETE
ACCEPTANCE AND LOVE

